

# Changing Hoarding Behaviors



- Do you avoid having people over because of the cluttered state of your home?
- Do you have trouble getting rid of your stuff?
- Do you buy more than you actually need?

Research shows that working through the book *Buried in Treasures* in a structured group is one of the most effective ways of addressing hoarding behaviors.

This is a FREE support group for adults of all ages and from any town. New members welcomed on March 8, 2017 @ 1pm with a maximum of 15 members.

We'll meet weekly on **Wednesday afternoons at 1 pm at:**

**Brookdale Senior Living Cushing Park  
Maple Building in the Private Dining Room  
300 West Farm Pond Rd.  
Framingham, MA 01701**

Join us! For more information, call Kelly Hagerty, Framingham's Community Intervention Specialist @ 508-532-5471 or [kch@Framinghamma.gov](mailto:kch@Framinghamma.gov), or call or email ClearPath at 508-658-0880; [ClearPath@strongcommunity.org](mailto:ClearPath@strongcommunity.org)

**Additional groups take place in other Metro West locations.** Keep up to date by visiting MCDC on Facebook or at [www.strongcommunity.org](http://www.strongcommunity.org)

*ClearPath is a program of the Marlborough Community Development Corporation*

