Full House: A Hoarder's Journey

Most of us have a lot of stuff and some of us hang on to things that others put on the curb or leave at the dump. Our closets are full, flat surfaces are a magnet for all kinds of items, and there are stacks of newspapers and magazines in every corner. It is a struggle for us to find things amid the chaos in our homes.



Join us at 1pm. @ Brookdale Senior Living at Cushing Park,

200 West Farm Pond Rd.
Framingham, MA 01701
Oaks Building in the Country Kitchen

Learn how Lorraine Gilmore, who has the disorder known as compulsive hoarding, navigated her journey to downsize. In a video, she will share her struggle and which strategies helped. Discussion will follow the presentation.

