



The Children's Mealtime Study

A research study on young children ages 3-8

- Children with intellectual/developmental delays (I/DD)
- Typically developing children

Who can participate?

3-8 year olds

- ◆ Typically developing children
- ◆ Children with intellectual/developmental delays

Their parent or parents

What will my child and I do?

You and your child will attend a 2-3 hour visit

- ◆ If your child has an intellectual/developmental delay, s/he will do a cognitive test, and you will be interviewed about his/her development and behavior
- ◆ You and your child will be weighed and measured
- ◆ You will fill out questionnaires about your child's eating and mealtime behavior, your feeding practices, your own eating preferences, and your child's leisure activity

After the visit

- ◆ You will be asked to keep a 3-day food record tracking your child's eating
- ◆ Your spouse/partner or another adult in the home will be asked to fill out a questionnaire on his/her food preferences, and report his/her height and weight

When does the study take place?

Appointments are available daytime, afternoons, evenings, and weekends.

Where does the study take place?

Various locations. Appointments are available in:

- ◆ Charlestown, MA at the Shriver Center
- ◆ Worcester, MA at UMass Medical School
- ◆ Local library or home
- ◆ At other designated locations

Will I be compensated?

- ◆ Parents, you will receive up to \$85 in gift cards for your participation
- ◆ Your child will receive a \$15 gift card at the end of the visit

How to become involved?

Contact:

Rosalie
Research Assistant
Children's Mealtime Study
774-455-6521
mealtimes@umassmed.edu

Why participate?

We know that good nutrition is important for children's health and development. In the Children's Mealtime Study we are particularly interested in what affects the health of children with I/DD. Our study seeks to learn about what children eat, their behavior at meals, and what family mealtimes are like. We will be studying both children with I/DD and typically developing children.

Dr. Bandini, the study's principal investigator, has 25 years of experience conducting research in nutrition and physical activity for children and adolescents.

Visit our website:

<http://tinyurl.com/ChildrensMealtimeStudy>



Children's Mealtime Study is funded by:
Maternal and Child Health Bureau

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E.K. Shriver Center

The Eunice Kennedy Shriver Center has been a pioneer in research, education, and service for people with developmental disabilities and their families for over four decades.

Dedicated to improving the lives of individuals with developmental disabilities, the Shriver Center conducts basic and applied research to determine the biological and environmental factors that influence typical and atypical development, and provides training and service programs that directly benefit people with developmental disabilities and their families.

In 2001, the Shriver Center joined the University of Massachusetts Medical School under the auspices of Commonwealth Medicine. The Shriver Center was designated one of the Medical School's Centers of Excellence, which underscores our mission to pursue excellence in research, education, and service in the field of developmental disabilities.

For more information, please visit:
<http://shriver.umassmed.edu/>



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Dr. Linda Bandini
Principal Investigator
University of Massachusetts
Medical School/E.K. Shriver Center